# **LEADERSHIP AT THE PEAK**





The view from the top is far and wide. Our experts help executives bring it all into focus.

## IT ALL STARTS AT THE TOP.

Leading an entire organization is a unique experience with its own set of demands. Being able to discern what's working, what's not, and why is critical — not only to individual success, but to organizational success as well. At this level, the 2 are essentially one and the same.

That's why we created Leadership at the Peak. This 5-day intensive leadership program designed specifically for the C-suite and senior executives digs deep into personal leadership styles and effectiveness. Using in-depth assessment feedback, hands-on exercises, and one-on-one executive coaching, participants leave with the skills and tools necessary to tackle their organization's biggest challenges, whether it's business operations, strategic issues, managing change, leading across boundaries, talent development, or all of the above.

## At a Glance

Who Should Attend	C-suite leaders & senior executives who are leading the enterprise		
Length	5-day intensive, within a 6-month journey		
Class Size	14		
Instructor / Participant Ratio	1:7		
Format	In person		
Location & Pricing	Americas APAC EMEA		



# Our Experience & Expertise

Grounded in ongoing research and 50+ years of experience developing successful leaders, our transformational leadership experiences produce meaningful, real, and lasting impact:



**600+ RIGOROUSLY SELECTED &** TRAINED COACHES GLOBALLY



**2/3 OF THE FORTUNE 1000 HAVE WORKED WITH US** 



96% OF OUR PARTICIPANTS SAY THEY'RE STRONGER LEADERS

#### WHAT PARTICIPANTS LEARN

- · A clearer view of their leadership impact through deeper self-awareness
- · Personalized wellness practices to enhance their energy, cognition, and performance
- Ways to calibrate their leadership presence to boost connection and trust
- · Insights into strengthening direction, alignment, and commitment
- How their leadership affects team dynamics, climate, and effectiveness
- · Keys to delivering clear and timely feedback and holding expansive conversations with skillful inquiry
- How to sustain personal change by addressing competing commitments





"The process provides a holistic view of you as a leader. Leadership at the Peak brings together all aspects of your life in a way that no other program does. CCL has figured out a way to help you create more lasting change."

- Archana Gilravi, Senior Vice President, Lean In



#### **HOW WE DO IT**

We know that no 2 leaders — or organizations — are exactly alike, so personalization is key. At the end of the program, participants leave with a well-defined path forward for success. Here are some of the things to expect:

## Application Process

Ensures participants are appropriately challenged and in the company of their peers

#### Personalized Solutions

Individual leader development in the context of advancing the organization

### **Compelling Content**

Personalized content via assessments, dedicated coaching relationships, and tailored activities

### Holistic Approach

A holistic focus on health and wellbeing, with an emphasis on nutrition and fitness for optimal performance

### Trusted Expertise

Faculty and coaches with extensive experience working with senior executives

### Ongoing Support

Access to our exclusive alumni community

#### LEADERSHIP CHALLENGES AT THIS LEVEL

We understand the challenges facing top leaders, which is why program discussions most often revolve around:

- Navigating business operations the heart of all other challenges
- Setting and realizing strategic vision, direction, and goals
- Managing both day-to-day and long-term change
- Ensuring the current and future talent pipeline
- Understanding and adjusting leadership style for maximum effectiveness
- Boundary spanning leading across levels, silos, backgrounds, and interests





#### PHASE 1: BEGIN THE LEARNING

## Preparing for the Intensive (3 Months Ahead)

Prior to the program intensive, participants begin the journey by completing the required online coursework. This includes inviting their 360-degree feedback raters, taking their self-assessments, and planning for a leadership presence exercise. After that, participants have their first executive coaching session and meet their personal wellness coach. Completion of these activities is required for continuation into later phases, and ensures maximum benefits from the program.

# PHASE 2: FOCUS THE LEARNING Engaging in the Intensive (5 Days)

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
What's working and what's not working?	How do I drive my organization more effectively?	What's next for me professionally and personally?	What steps will it take to get to "next"?	How do I act on my commitment to what's next?
Deconstructing Your Impact	Deepening Your Self-Awareness	Leveraging Self- Understanding	Integrating Your Leadership	Committing to Your Leadership Legacy
<ul> <li>Health &amp; wellness at the top</li> <li>Leadership feedback &amp; leadership presence</li> <li>Giving &amp; receiving</li> </ul>	<ul> <li>Expansive conversations</li> <li>Mindfulness in leadership</li> <li>Health &amp; wellness activity</li> <li>Leadership</li> </ul>	<ul> <li>Fit to lead</li> <li>Leadership outcomes</li> <li>Team health</li> <li>Team experiential</li> <li>Sustaining change</li> </ul>	<ul> <li>Health &amp; wellness activity</li> <li>Executive coaching</li> <li>Peer feedback</li> <li>Group dinner</li> </ul>	What's next?     Bringing your whole self to leadership
feedback  Program social	presence feedback			Program ends at 11:30 am local time.

# PHASE 3: APPLY THE LEARNING The Next Chapter (3 Months)

Personalized support continues with 2 additional executive coaching sessions (1 hour each) and 2 follow-ups with their wellness coach (30 minutes each). Participants may also opt to engage in evaluations to help them measure leadership behavior changes and are invited to join our exclusive alumni community.

# How to get in touch

Leaders need support to succeed. We're here to provide it.

Give us a call at +1 336 545 2810 or learn more at ccl.org/LAP

